



# Smoothies

100% Fruit Smoothies 20oz | \$4.75



## Nutrient Boost Supreme

Mango, strawberries, blueberries, almond milk & whey protein

## Tropical Breeze

Mango, pineapple, orange, coconut extract, almond milk & whey protein

## Go Green

Mango, pineapple, banana, spinach & almond milk

## Chocolate Peanut Butter Dream

Cocoa powder, natural peanut butter, banana, vanilla extract & low fat milk

## Boost it! Additions / 75¢ each

- 100% whey protein
- Flax seed
- Chia seed
- Avocado
- Oats
- Greek yogurt
- Honey
- Gingerroot
- Vanilla protein powder
- All natural peanut butter
- Spirulina
- Extra fruit/veggie (banana, blueberry, mango, orange, strawberry, carrot, cucumber, kale)

*Substitute for no charge:* almond milk, coconut milk, soy milk or half & half

## Hot Drinks

Extra shots, extra flavor, or white chocolate

75¢ each

|  | 12oz.  | 16oz.  | 20oz.  |
|--|--------|--------|--------|
| House Coffee                           | \$1.50 | \$1.75 | \$2.00 |
| Cappuccino                             | \$3.25 | \$3.50 | \$3.75 |
| Flavored Latte / Cafe Mocha / Chai Tea | \$3.75 | \$4.00 | \$4.25 |
| Hot Chocolate                          | \$2.25 | \$2.50 | \$2.75 |

|           | 1 Shot | 2 Shots | 3 Shots |
|-----------|--------|---------|---------|
| Espresso  | \$2.25 | \$2.50  | \$2.75  |
| Americano | \$2.25 | \$2.50  | \$2.75  |

## Cold Drinks

|                                     | 16oz.  | 20oz.  | 24oz.  |
|-------------------------------------|--------|--------|--------|
| Iced Mocha / ITB Frappé / Big Train | \$4.00 | \$4.25 | \$4.50 |
| Fresh Lemonade                      | \$2.25 | \$2.50 | \$3.00 |
| Iced Tea <i>with flavor</i>         | —      | —      | \$2.00 |
| Energy Drink <i>with flavor</i>     | —      | —      | \$4.00 |