



Yakima Valley
Memorial Hospital

Physician Order for Life-Sustaining Treatment (POLST)

Purpose:

Identification of patient's end-of-life directives and medical interventions.

Policy:

The POLST form is a 'portable' physician order form that describes the patient's wishes for resuscitation. The POLST form is intended to accompany the patient from one care setting to another. It translates an Advance Directive into physician orders. In order to be valid the POLST must be signed by the patient/legal surrogate and the physician, his/her ARNP or PA.