

Dear Patient,

We at Virginia Mason Memorial want you to know that we're here for you during the pandemic. We encourage you to continue to seek routine medical care as needed, particularly if you have a chronic condition.

In the meantime, remember that staying home/staying apart is one of the best ways to remain healthy during the pandemic. If you must go out, it is important to wear a mask and maintain six feet of physical distance between yourself and others.

In order to help you stay healthy at home, we are now offering **home delivery of prescription medications** through The Pharmacy at Creekside. Please call 509-573-3808 to get started.

We are also offering **televisits** at most of our clinics. This service allows you to continue routine care and manage chronic conditions from the comfort and safety of your home using your cell phone, tablet or computer. To schedule a televisit, call us at 509-249-5097.

Recently, we also introduced **online appointment scheduling at our primary care clinics**. Please visit your clinic website and select "Schedule Appointment" at the top of the page. You can schedule your appointment online for the following clinics:

- Apple Valley Family Medicine - <https://www.applevalleyyakima.org/>
- Family Medicine of Yakima - <https://www.familymedicineofyakima.com/>
- Memorial Cornerstone Medicine - <https://www.cornerstoneyakima.com/>
- Pacific Crest Family Medicine - <https://www.pacificcrestfamilymedicine.org/>
- Selah Family Medicine - <https://www.selahfamilymedicine.com/>
- Zillah Family Medicine - <https://www.zillahfamilymedicine.com/>

We hope to be able to see you back in our clinics in person very soon!

Sincerely,