

FIVE WISHES



A Guide To Letting Your Wishes Be
Known

Clarify ???

5 Wishes

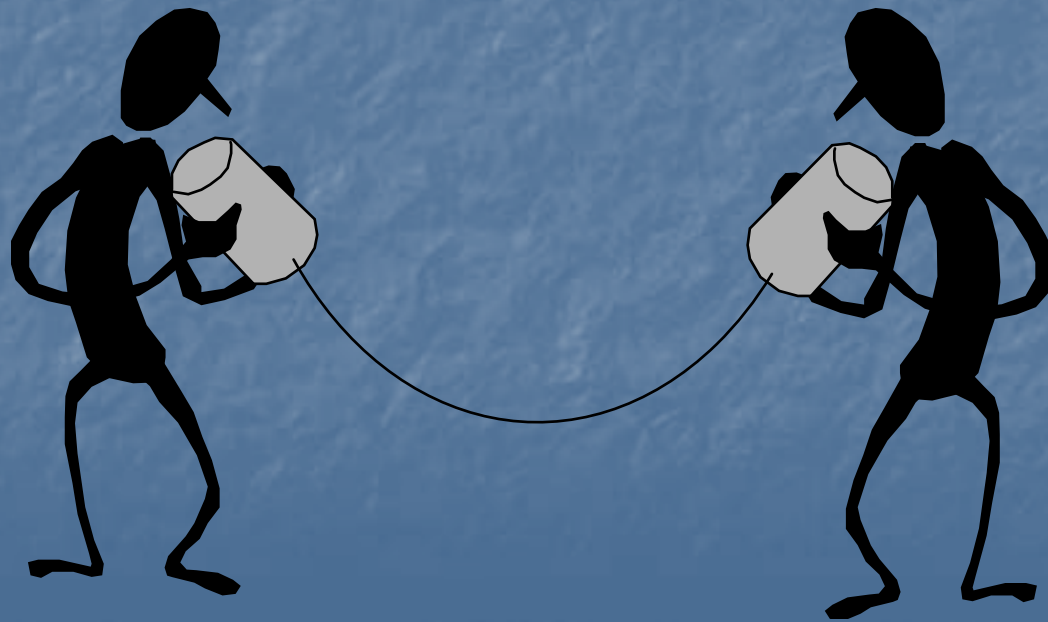
(Healthcare decisions now)



..... Will

(Property, \$, etc. later)

Why do you think its important to
let your healthcare wishes be
known now?



What Is “FIVE WISHES” ?

- Living Will That:
Addresses personal, emotional, spiritual, and medical needs
- Legal Document (*Valid in Washington State*)
- Easy to Complete
- For anyone who is 18 years or older

How Can Five Wishes Help?

- Lets others know how you want to be treated if you become seriously ill.
- Family/others won't have to guess at what your choices would be.
- Gives those around you peace of mind knowing what you really want.

FIVE WISHES HISTORY

- (Jim Towey) Aging with Dignity Founder, wanted a tool to help families plan ahead and cope. Took lessons from Mother Teresa.
- 1997 Five Wishes introduced in Florida (Fills a real need for people/legally valid)
- 1998 Introduced to the nation
- 12 million copies in circulation, distributed by more than 15,000 organizations.

The Philosophy of Five Wishes

- Dignity
- Respect
- Meeting Needs
- Breaks down important issues into 5 topics/wishes

Who Should Use Five Wishes?

- For anyone who is 18 years of age and older
- Married, Single, Parents, Adult Children...
- Has been so successful, that lawyers, doctors, hospitals, faith communities, and retirement groups hand out this document.

How To Change To Five Wishes?

- Existing Living Will/Durable Power of Attorney: Fill out “Five Wishes” and sign.
- Replaces any old/existing Advance Directive
- Old/Existing Copies: Destroy, *or* write “Revoked” upon the document/s.
- Tell lawyer who prepared AND health care agent, family, and doctor that you have this new document. (Give copies)

The Five Wishes

1. The person I want to make health care decisions for me when I can't make them for myself.
2. My wish for the kind of medical treatment I want or don't want.
3. My wish for how comfortable I want to be.
4. My wish for how I want people to treat me.
5. My wish for what I want my loved ones to know.

Wish 1

The person I want to make healthcare decisions for me when I can't make them for myself.

(Aka: Healthcare Agent/Durable Power of Attorney for Healthcare)

Wish 2

My wish for the kind of medical treatment I want or don't want.

(Aka: Living Will)

Questions?



Wish 3

My wish for how comfortable
I want to be.

Wish 4

My wish for how I want
people to treat me.

Wish 5

My wish for what I want
my loved ones to know.

Witness Statement

- Need 2 witnesses (18 years or older) personally known to you.
 - CAN NOT BE:
 - Your healthcare agent, healthcare provider, owner or operator of a health or L-T care, or other residential or community care facility serving you.
 - An employee of your healthcare provider
 - Financially responsible for your health care
 - An employee of a life/health insurance provider for the person
 - Related to the person by blood, marriage, or adoption
 - (To the best of your knowledge) A creditor of yours, or entitled to any part of your estate under a will or codicil (amendment to will)



Questions?



Getting The Word Out...

- Make copies of your completed form...
- Discuss/Distribute to:
Spouse, Family, Doctor/s, Attorney
- Keep original copy at home, and easily accessible.
- Don't lock away in a safe deposit box!
- Fill out the wallet sized-card/carry with...

Need More Help?

- You can talk your wishes through with your family,
 - Spouse
 - Your doctor
 - Your religious leader

The Last Word...

- “It will be a year since my mother passed on. We knew what she wanted because she had the Five Wishes living will. When it came down to the end, my brother and I had no questions on what we needed to do. We had peace of mind.”

Cheryl K. Longwood, Fl.

Legal Terms

Will:

- How you want your possessions dispersed.

Living Will: *

- Your instructions for healthcare decisions in the future.

Durable Power of Attorney:

- Authorization to act on someone's behalf.

Durable Power of Attorney for Healthcare: *

- Authorization to speak on someone else's behalf for medical decisions. (healthcare agent)